WHAT IS CLAIMED IS:

1. A contraceptive delivery system comprising:

a contraceptive device configured to be insertable into an ostium of a fallopian tube;

a sheath having a proximal end, a distal end and a lumen therethrough, the lumen forming a receptacle at the distal end, the receptacle configured to releasably receive the contraceptive device;

a positioning catheter having a proximal end, a distal end and a lumen therethrough, wherein the sheath is slidably disposed within the lumen of the positioning catheter;

at least one mechanism, wherein actuation of the at least one mechanism moves the proximal end of the sheath proximally within the positioning catheter exposing the contraceptive device so as to release the contraceptive device within the fallopian tube while the positioning catheter does not move axially relative to the ostium.

2. The system of claim 1, wherein the contraceptive device is reducible in size so that the contraceptive device fits within the receptacle in a compressed state.

3. The system of claim 1, wherein the contraceptive device comprises a plug.

4. The system of claim 1, further comprising a first elongate body having a proximal end and a distal end releasably contactable with the contraceptive device, the distal end disposed within the lumen of the sheath and adjacent to the receptacle.

5. The system of claim 4, wherein the first elongate body maintains the contraceptive device in position within the fallopian tube while the sheath is pulled proximally.

6. A system of claim 5, wherein first elongate body extends through at least a portion of the sheath to the receptacle.

7. The system of claim 1, wherein the mechanism is manually actuatable.

8. The system of claim 7, wherein the mechanism is actuatable from outside of a body having the ostium of the fallopian tube.

9. The system of claim 1, wherein the at least one mechanism is capable of moving the proximal end of the sheath relative to the positioning catheter.

10. The system of claim 1, wherein exposure of the contraceptive device releases the contraceptive device within the ostium.

11. A contraceptive method comprising:

providing a sheath having a proximal end, a distal end and a lumen therethrough, the lumen forming a receptacle at the distal end, and a contraceptive device disposed within the receptacle;

inserting the sheath into an ostium of a fallopian tube; and

moving the sheath proximally relative to the ostium so that such movement of the sheath exposes the contraceptive device and allows release of the contraceptive device into the fallopian tube.

12. The method of claim 11, wherein inserting the sheath includes positioning the sheath so that the contraceptive device is in a desired location within the fallopian tube and moving the sheath includes moving the sheath relative to the ostium so that the contraceptive device remains in the desired location.

13. The method of claim 12, wherein providing includes providing a first elongate body having a proximal end and a distal end releasably contactable with the contraceptive device and wherein at least the distal end is disposed within the lumen of the sheath adjacent to the receptacle, and further comprising maintaining contact between the first elongate body and the contraceptive device during proximal movement of the sheath.

14. The method of claim 13, wherein moving the sheath includes actuating a mechanism which moves the sheath.

15. The method of claim 14, wherein actuating the mechanism includes manually actuating the mechanism.

16. The method of claim 15, wherein manually actuating the mechanism is achievable outside of a body having the ovarian pathway of the fallopian tube.

17. The method of claim 11, wherein providing includes providing a positioning catheter having a proximal end, a distal end and a lumen therethrough, wherein at least a portion of the sheath is disposed within the lumen of the positioning catheter.

18. The method of claim 17, wherein moving the sheath includes moving the proximal end of the sheath relative to the positioning catheter.

19. The method of claim 18, wherein at least a portion of the positioning catheter is configured to maintain position relative to the ostium while the sheath moves.